

## **The White Foundation is built upon a history of caring for children & families**

The Henry and Rilla White Foundation is a Florida-based, not-for-profit corporation that was founded to serve troubled youth and their families. It was established in 1988 in memory of two of Levy County's most respected citizens, Henry and Rilla White. Henry was a teacher, school board member and superintendent of the Levy County School System. His wife, Rilla Drummond White, owned White's Grocery Store, a gathering place for youth. She was widely known for her commitment to her family, church and the youth of the community.

### **Program Overview**

At the Foundation's Adult Psychosocial Rehabilitation Program in Lake City, Florida, psychosocial rehabilitative services are provided for the severe and persistent mentally ill residents from Adult Living Facilities and the community, ages 18 years and older. These services are provided by Certified Behavioral Health Technicians either directly, by referral, or by contract.

Services include the provision of counseling, rehabilitation, therapeutic care services, and life skills training services designed to redevelop, maintain, or restore those abilities necessary to allow the recipient to function in the community.

Services are provided in a therapeutic setting, which allows for more than custodial care. Services are individualized and directly relate to the treatment plan goals and recipient's long term goals for residential, work or other life domains.

The Adult Psychosocial Rehabilitation Program is designed to assist recipients in relearning or maintaining skills needed to function within the limits of a disability resulting from mental illness.

Therapeutic care services are intervention and direct care contacts that assist the recipient in the areas of personal care and meals, and supervised observation relating to assessing the recipient's progress toward identified treatment goals.

Life skills training may include anger management, communication skills, employability skills, problem solving, relapse prevention, recovery training, decision-making, and relationship skills.

The Foundation's Adult Psychosocial Rehabilitation Program accepts adults referred for our services who meet specific criteria. The program operates from 9:00 a.m. to 1:30 p.m., Monday through Friday. However, program staff are available from 8:00 a.m. to 4:00 p.m., Monday through Friday.

### **Program Goal & Objectives**

The overarching goals of the Adult Psychosocial Rehabilitation Program are to assist the individual in redeveloping, maintaining, or restoring those abilities necessary to allow them to function in the community.

### **The specific objectives of the Foundation's Adult Psychosocial Rehabilitation Program are:**

- ◆ To redevelop or restore communication and social skills to assist the individual in overcoming psychosocial barriers or difficulties which prevent independent functioning within the community.
- ◆ To redevelop or restore skills needed to increase independent living in the community setting.
- ◆ To assist the individual in redeveloping the skills to maintain a living environment, use community resources, and conduct activities of every day living.

### **Rules of Conduct**

Individuals receiving Foundation services and/or participating in Foundation activities are required to follow the established Rules of Conduct governing the program in which they are participating.

A copy of the Rules of Conduct is provided to each recipient upon admission to the program.

### **Client Rights and Grievance Process**

The White Foundation ensures that recipients served by its programs are made aware of their rights as clients and informed of the grievance process available to express any dissatisfaction with the services, staff, or any perceived violation of their rights.

A copy of the Client Rights and Grievance Process will be provided to each recipient upon admission to the program.

### **Complaint Process for Violation of Privacy Notice**

If a recipient is concerned that the Foundation has violated his/her privacy rights, or if he/she disagrees with any decision made about access to his/her records, the recipient may contact the Foundation's Privacy Officer. The recipient may also send a written complaint to the U.S. Department of Health and Human Services. The Privacy Officer can provide the recipient with the appropriate address upon request.

**Privacy Officer**  
**2833 Remington Green Circle**  
**Tallahassee, FL 32308**  
**Phone: 850-922-8375**  
**Email: rdurance@hrwhite.org**

## **MISSION, VISION AND VALUES**

### **MISSION**

*To ensure that individuals and families receive the help they need to have more meaningful, productive lives. The primary focus is helping individuals and families build their lives based on a knowledge of their own worthiness, strength and dignity.*

### **VISION**

*We will:*

- *Be part of the effort to create excellence through the most productive interface between the public and private service offerings.*
- *Become increasingly adept at teamwork to identify goals, solve problems and achieve excellence.*
- *Continuously upgrade services that recognize no upper limit in programming quality.*
- *Remain committed to community-based programming as the key to successful service delivery based on the mutually supportive relationship between the community and the program.*

### **VALUES**

*We believe:*

- *In helping individuals and families acquire skills and other supports needed for successful community living.*
- *In treating individuals and families in a manner that confirms their dignity and self respect.*
- *That collaboration and compassionate dialogue are the best ways to support individuals and families in their efforts to achieve their goals.*
- *That all people should be provided with a continuum of care based on individual needs.*
- *The quality of the environment is maintained and improved through a continuous sensitivity to local concerns regarding physical, social and moral issues.*

### **ADULT PSYCHOSOCIAL REHABILITATION PROGRAM**

**305 NW Christian Court  
Lake City, FL 32055  
Phone 386-752-7813  
Fax 386-752-7836**

### **CORPORATE HEADQUARTERS**

**2833 Remington Green Circle,  
Tallahassee, FL 32308  
Phone 850-922-8375  
Fax 850-488-2071**

**WEBSITE  
[www.hrwhite.org](http://www.hrwhite.org)**



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**THE HENRY & RILLA WHITE  
FOUNDATION, INCORPORATED**

## **ADULT PSYCHOSOCIAL REHABILITATION PROGRAM**

**LAKE CITY, FL  
COLUMBIA COUNTY**

**Serving the Children,  
Families, and Individuals of  
Florida**

